

### Message from District Governor

Dear Magical President! **Dr. Anshu Gupta Ji** 

Greetings!



At the outset, Sujata and I congratulate you on two counts- first, taking over the reins of your Club, Rotary Club of Faridabad Heritage and secondly, taking out the first edition of your Newsletter ' Triumph'...

Rotary is all about leadership and as leaders cultivate a shared culture, promote an inclusive environment, find new ways of facing challenges and opportunities, implement creative ideas, build excitement for new ideas and encourage a flexible mindset. We have full confidence that by the 'grace' of your leadership, you will 'triumph' in all areas to create the 'Magic of Rotary'....

Warm regards,

Dr Mahesh P. Trikha

DG 2024-25

RI District 3011

Member RCD South East

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### Message from President.

Rtn. Anshu Gupta President



I am proud to be a Rotarian!

Ilt is with great honor that I step into the role of President for the Rotary Club of Faridabad Heritage for the year 2024-2025. I am deeply grateful for the trust placed in me, and I shall take on this challenge with utmost commitment with the support of our dedicated Board and every member of our Club.

Our Club's foundation is built on strong leadership and a shared commitment to the Rotary principle of "Service Above Self." Together, we have carried out impactful projects that have made a real difference in our community. As we embark on this journey, I will be counting on the collective strength of all our members, and I am especially thankful for the continued guidance and support of IPP Rtn. Sandeep Goyal ji. This year, let us come together to implement more successful projects and bring a change in the society and lives of people.

### Message from Secretary

Rtn. Kuldeep Sethi Secretary



Rotary club of Faridabad Heritage is a leadership organisation made up of local business professionals and entrepreneurs. We meet regularly and motivate the members to come forward to get to know each other, form friendship enabling us to work hand in hand in the Faridabad community. The Motto of Rotary is "Service beyond self", we take this to our heart with all our activities. Theme of the current year is 'Magic of Rotary '- Imagine the magic Rotary can make, where we are inspired each day knowing that we can create magic around us.

To Mark the beginning of the month, we Rotary
Members pledged to fight against Thalassemia. Our
Slogan says;

और नहीं बस और नहीं, थैलेसिमिया ग्रस्त बच्चे और नहीं! थैलेसिमिया को मिटाना है, जन्म पत्री नहीं थैलेसिमिया टेस्ट करवाना है!





### **BLOOD DONATION CAMP**

Rotary Club of Faridabad Heritage organised Blood Donation Drive at various places; sector 11B Community Hall, Industrial Association Pali Dabua Colony. Details of the projects are as follows;

#### RWA Sec 11 B, Community Hall

Date: 4<sup>th</sup> Aug'24

No. of Units Collected – 22

Rotary Club of Faridabad Heritage along with Foundation against Thalassemia organized a Blood Donation Drive at sector 11B, Community Hall. We collected 22 units of blood. Members from RWA, Rotary and Foundation against Thalassemia where the participants at the camp. The units collected were handed over to Foundation against Thalassemia to support the kids' suffering from Thalassemia.









### MEGA BLOOD DONATION CAMP

- Date: 7<sup>th</sup> Aug'24
- No. of Units Collected: 85
- Chief Guest L Mr. Raj Kumar Vohra (District BJP President)
- Other Dignities at the Event Mr. Sushil Mann (Labor Commissioner), Mr. Satish Gupta (President Industrial Association). Mr. Dharamveer Bhadana (Sr. Leader BJP).
- Other facilities at the camp Health checkup, Dental Check-up & Physiotherapy.

Rotary Heritage in association with BDPG Industrial Association organized a health checkup camp and a mega blood donation camp and few other check-ups. It was conducted at the Krishna Farms, Badkal Pali Road, Faridabad. Member from Rotary Heritage and members from the association and employees from the industries were the participants.

Rotary Heritage along with Team Sarvodaya organized Health Check-up Camp where 120 people were screened at Health Check-up camp which included tests such us RBS, Blood Pressure, ECG, and Thyroid and Cholesterol.

Club along with Manav Rachna organized Dental check-up and Physiotherapy camp, were 180 people were given free dental check-up and advice for good dental health. Over 100 people got physiotherapy done.









## AWARENESS ON HAND HYGIENE, THALASSEMIA AND JOINT CARE IN ADULTS & CHILDREN.

• Date: 10<sup>th</sup> Aug'24

Venue: Auditorium, Sarvodaya Hospital, Shree Wing

Chief Guest: Mr. Nayan Pal Rawat (MLA Prithla Legislative Assembly)

Attendees: Sarpanches, RWA Presidents, and Govt. School Principal.

Total of 250 Members participated in the event



Sarvodaya Nursing Institute (SNI) making everyone visualize and remember each and every step that are necessary in hand wash.

Awareness on Thalassemia and importance of Thalassemia test before marriage was shared by Dr Aayush Gupta. He also said that the Thalassemia test is one of the major tests that every girl and boy should take this would me the

major step in controlling Thalassemia.

Rotary Heritage in association with Sarvodaya Hospital conducted a seminar stating the Importance of Hand Hygiene for healthy living and also a talk show on Thalassemia. We had Rtn. Mridula Sethi from Rotary Heritage who took up an initiative and explained the importance of Hand Hygiene, she recited a small poetry which explained the steps to be followed during hand wash, followed a small performance was given by the students of









# TALK ON JOINT CARE IN ADULT AND CHILDREN

Rotary Club of Faridabad Heritage in association with Sarvodaya Hospital conducted a seminar stating the Importance of Hand Hygiene for healthy living and also a talk show on Thalassemia. We had Rtn. Mridula Sethi from Rotary Heritage who took up an initiative and explained the importance of Hand Hygiene, she recited a small poetry which explained the steps to be followed during hand wash, followed a small performance was given by the students of Sarvodaya Nursing Institute (SNI) making everyone visualize and remember each and every step that are necessary in hand wash.

Awareness on Thalassemia and importance of Thalassemia test before marriage was shared by Dr Aayush Gupta. He also said that the Thalassemia test is one of the major tests that every girl and boy should take this would me the major step in controlling Thalassemia.







# INDEPENDENCE DAY

Date: 15th Aug'24

Venue: Bikanerwala, Old Faridabad

Club in association with Sarvodaya Hospital celebrated the sprite of Independence Day at Bikanerwala, Mathura road, Old Faridabad. The celebration started with Flag Hosting, followed by few games and quiz competition conducted by team Sarvodaya. This concluded with a delicious breakfast sponsored by Rtn. Shiv Kumar Gupta at Bikanerwala. The complete event was coordinated by Ms. Pooja Devagan and Ms. Gargi and the team Sarvodaya.













## EYE CHECK UP CAMP



Date: 15<sup>th</sup> Aug'24

Venue: Village Manjhawali, Faridabad

Footfall: 300 people were screened

This does not end here, to continue with the sprite of independence, the club organized a Free Eye check-up camp in association with Lakhdatar Sewa Trust at Village Manjhawali, where in a sponsorship of Rs.21000/- was also provided. Approximately 300 people were checked & 25 have been recommended for free cataract surgery. Rtn. Sandeep Gupta and Rnt. Manoj Gupta coordinated the event.









# MAMMOGRAPHY

Date: 17<sup>th</sup> & 18<sup>th</sup> Aug'24

Venue: Ashok Memorial Public School, Faridabad

No. of ladies screened: 60

Club in association with Ashok Memorial School organised a Mammography Camp. School staff and ladies nearby sector enthusiastically participated in the two day event. 60 ladies were screened for Mammography on both the days. Mammography Van was arranged by the Club.





## **BLOOD DONATION CAMP**



Date: 18th Aug'24

Venue: Ashok Memorial Public school, Faridabad

No. Of Unit Collected: 82

Rotary Heritage in association with Ashok Memorial School organized a Blood Donation Camp. The participants at the event included members from Rotary club, School staff, Students and people from nearby sector. This event was coordinated by Rtn. Sandeep Goyal and Rtn. Kuldeep Sethi. Every donor was presented a gift along with refreshments.











for your continued support and dedication.

All your enthusiasm made these events memorable

and successful.







### **ROTARY CLUB OF FARIDABAD HERITAGE**

Rtn. Anshu Gupta President